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10 MUST HAVE SKILLS FOR PROFESSIONAL SOCIAL WORK IN INDIA



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अध्यक्ष
(अवार्डडेड बाई दी प्रेसीडेन्ट ऑफ इण्डिया)

माता रुक्मिणी सेवा संस्थान

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शुभकामना सन्देश



(बस्तर के गाँधी: पद्मश्री आदरणीय धर्मपाल सेनी जी)

मुझे यह जानकार बहुत खुशी हुयी कि शहीद महेंद्र कर्मा विश्वविद्यालय, जगदलपुर, बस्तर छत्तीसगढ़ के सहायक प्राध्यापक-डॉ. नीलेश कुमार तिवारी एवं डॉ. तूलिका शर्मा जी ने हमारे सामाजिक कार्य से प्रोत्साहित होकर देश में समाज कार्य की दिशा में कार्यरत व्यक्तियों, विशेषकर युवाओं के मार्गदर्शन हेतु "10 Must Have Skills for Professional Social Work in India" नामक पुस्तक लिखी है। आपको हार्दिक शुभकामनायें! आपकी पुस्तक न केवल सामाजिक कार्यकर्ताओं को सार्थक मार्गदर्शन प्रदान करेगी, अपितु समाज में न्याय, समानता और बंधुत्व की स्थापना करने में सक्रिय योगदान भी देगी।

मेरा मानना है कि यह पुस्तक भारत में समाज कार्य की दिशा में सामाजिक कार्यकर्ताओं को आवश्यक योग्यताओं एवं कौशलों के बारे में जागरूक करने के साथ-साथ उन्हें अधिक प्रभावी और सशक्त बनाने में सहायक सिद्ध होगी। यह पुस्तक उन सभी व्यक्तियों हेतु मार्गदर्शक सिद्ध होगी जो सामाजिक क्षेत्र में दायित्वपूर्ण योगदान द्वारा समाज में सकारात्मक परिवर्तन लाना चाहते हैं।

शुभकामनाएं एवं आपके उज्ज्वल भविष्य हेतु आशिर्वाद।

धन्यवाद!

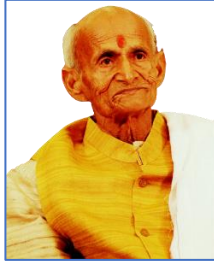
धर्मपाल सेनी

अध्यक्ष

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विनोबा ग्राम डिमरापाल, जिला-बस्तर (छ.ग.)

Homage to the Revered Shri Laxmikant Pandey ji



‘स्वर्गीय श्री लक्ष्मीकान्त पाण्डेय जी’

Late Shri Laxmikant Pandey Ji

It is with deep emotion that I dedicate the book, "**10 Must Have Skills for Professional Social Work in India**," to my beloved Nanaji, Shri Laxmikant Pandey ji, who departed while demonstrating that a life lived with simplicity can still leave a lasting impact in society at the age of 94 years on 17th April 2023. He was a role model for me. As I tried to incorporate his life-lessons into this book. I believe that the 10 skills I have highlighted in this book are essential for any social worker in India who wants to make a meaningful impact in their work.

My Nanaji would have been happy of this book, not only because of its content but also because of the dedication and passion that went into writing it. He always encouraged me to pursue my goals and dreams. In dedicating this book to my Nanaji, I hope to honour his memory and legacy as a very simple person.

I would like to express my deepest gratitude and love to my Nana ji, Shri Laxmikant Pandey ji, for his unwavering support and guidance throughout my life.

This book is a tribute to his life, and I hope that it will serve as a lasting testament to his impact on the world.

Dr. Nilesh Kumar Tiwari

About the Author

Dr. Nilesh Kumar Tiwari has a diverse decade-long experience working in both public and private sectors in various roles, including researcher, consultant, public policy analyst, and manager. He received his Ph.D in Economics from Pandit Ravishankar Shukla University in 2017. He holds an *MBA in Marketing & Finance* from Chhattisgarh Swami Vivekanand University, Bhilai, Chhattisgarh, India.



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Dr. Tiwari worked as Consultant at the *State Planning Commission*, Government of Chhattisgarh (CGSPC), India, for the dissemination of Sustainable Development Goals (SDGs) with National Foundation for India (NFI) SDGs programme during 2016-17.

As a Public Policy Researcher, Dr. Tiwari played key role in drafting three important public policies for Chhattisgarh state, including the Draft Sports Policy-2016, Draft Youth Policy-2016, and Draft Policy for Persons with Disabilities-2017, under the leadership of Shri Sunil Kumar (IAS-Retd.), the former Chief Secretary and Vice Chairperson, CGSPC. Dr. Tiwari is management consultant, public policy researcher, social worker and an online educator who teaches, trains, and guides students through his YouTube channel, the Institute of Social Work & Research (www.iswr.in).

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Jagdalpur, Bastar
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May 2023

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Preface

Social work is a multifaceted profession that involves assisting individuals, families, and communities in need. In India, the demand for professional social workers has been steadily increasing, as the country grapples with a myriad of social, economic, and political issues.

However, being a successful social worker in India requires more than just a passion for helping others. It demands a specific set of skills and knowledge that enable individuals to navigate the complexities of the Indian social landscape.

This book aims to provide a comprehensive guide for aspiring and practicing social workers on the essential skills needed to succeed in this field.

The book is organized into eleven chapters, which focuses on the specific skill set that is critical for professional social work in India.

We hope that this book will serve as a valuable resource for social work students, scholars, educators, practitioners, and professionals in Indian and worldwide. Also, we believe that by equipping readers with the necessary skills and knowledge, this book will enable social workers in India to make a positive impact in the lives of those they serve, and contribute to the continued growth and development of the profession.

Dr. Nilesh Kumar Tiwari
Dr. Tulika Sharma

Acknowledgement

I would like to express my heartfelt gratitude to all the individuals who have contributed to the making of this book.

Firstly, I extend my sincere thanks to all my students (including online) for their valuable input and for sharing their desire to have a book on this subject. Your enthusiasm has been a constant source of inspiration throughout the writing process.

I would also like to acknowledge Hon'ble Chancellor, Shaheed Mahendra Karma Vishwavidyalaya, Shri Biswa Bhusan Harichandan ji for being source of motivation.

I am hearty indebted to our Hon'ble Vice Chancellor-Prof. (Dr.) Manoj Kumar Srivastava, Registrar-Professor Abhishek Bajpai ji for their support and motivation.

I extend my heartfelt thanks to my esteemed colleagues; Dr. Anurodh Banode, Dr. Bhupendra Kumar Verma, Mrs. Rashmi Dewangan, Ms. Osin Kunjam and my other colleagues for their valuable insights and guidance that have helped me immensely in shaping this work.

I would also like to express my appreciation to the Head of the Department, School of Studies in Business Management, Dr. Vinod Kumar Soni, and Head of the Department, School of Studies in Social Work, Dr. Sukrita Tirkey for their constant support and encouragement. My gratitude also goes to the heads of the departments of various schools of studies at Shaheed Mahendra Karma Vishwavidyalaya-Prof.(Dr.) Sharad Nema, Prof. (Dr.) Swapan Kumar Koley, Dr. Anand Murti Mishra, and Dr. Sajiwan Kumar for their constructive suggestions.

I would like to acknowledge the contribution of Prof. M Ali from the Department of Sociology, Govt. Kakatiya P. G. College, Jagdalpur, Bastar for his valuable inputs.

I would like to extend my sincere thanks to Dr. Sanjay Dongre, Assistant Librarian, Shaheed Mahendra Karma Vishwavidyalaya, Bastar, Chhattisgarh, for his assistance in gathering the required materials for this book.

Further, I would like to express my gratitude to all academic and non-academic officers and staff of Shaheed Mahendra Karma Vishwavidyalaya, Bastar, Chhattisgarh for their support and encouragement throughout this endeavour. Their contribution has been invaluable in the completion of this work.

I would also like to express my heartfelt gratitude to my beloved parents and family members for their unwavering support and encouragement throughout my academic journey. Their constant motivation and belief in me have been the driving force behind my success. I am deeply indebted to them for their love and sacrifices, which have made it possible for me to pursue my academic goals.

Their support and guidance have been instrumental in shaping my values and perspectives, which have been reflected in this work. Their unconditional love and encouragement have given me the strength to overcome obstacles and pursue my passion.

Dr. Nilesh Kumar Tiwari
Dr. Tulika Sharma

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This book "**10 Must-Have Skills for Professional Social Work in India**," is dedicated to all our students, online learners, and my family members.

Further, this book is dedicated to the all-devoted individuals who selflessly serve marginalized communities in India. It pays tribute to their compassion, resilience, and commitment to social justice.

May this book empower social workers with essential skills and knowledge to address the complex challenges they encounter in their noble pursuit of uplifting lives.

Dedicated with utmost respect and admiration to the social workers of India.

Dr. Nilesh Kumar Tiwari

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About the Book: 10 Must Have Skills For Professional Social Work in India

- **“10 Must Have Skills for Professional Social Work in India”** is a comprehensive book that highlights the essential skills needed for successful social work practice in India.
 - This book provides essential guidance and practical insights into the crucial professional skills needed for effective social work practice in India.
 - The book includes real-life case studies that help readers understand how to apply these skills in practical situations, offering valuable insights into the challenges and opportunities faced by social workers.
- Further, this book also provides a valuable self-assessment tool with 500 multiple-choice questions (MCQs).
- This book is crucial for social work students, scholars, professionals, practitioners, and educators in India and worldwide, as it provides essential skills, real-life case studies, to enhance their professional practice.

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Dr. Nilesh Kumar Tiwari holds a diverse decade-long experience working in both public as well as private sector in various roles such as researcher, consultant, public policy analyst and manager etc. He received his PhD in Economics from Pt. Ravishankar Shukla University, Raipur, Chhattisgarh in 2017. He holds an MBA in Marketing & Finance from Swami Vivekanand Technical University, Bilai, Chhattisgarh, India. Further, he also holds MA in Economics & Public Administration from Pt. Ravishankar Shukla University, Raipur, Chhattisgarh. Dr. Tiwari qualified UGC-NET in Management and Chhattisgarh's-State Eligibility Test (CG-SET) in Economics.

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